

Risk Factors that Identify Potential Day Health Participants

- Has the person expressed a fear of falling or suffered **two or more falls** in the past six months?
- Has the person been **hospitalized or gone to the emergency room** two or more times in the last six months?
- Does the person have **diabetes plus cognitive or physical deficits** that make it difficult to manage their medications or perform skin checks?
- Does the person have a **progressive, chronic disabling condition**, such as Parkinson's disease, multiple sclerosis or Alzheimer's disease?
- Does the person have medical needs that are compounded by **morbid obesity or traumatic brain injury?**
- Is the person **difficult to transfer?**
- Does the person take multiple medications and have a history of **medication non-compliance?**
- Does the person need short- or long-term **wound care?**
- Is the person being considered for an assisted living or skilled nursing facility (or a change in adult family home) but—with increased support—**would prefer to stay in their current living situation?**

If you answered “Yes” to ANY of these questions, adult day health may be an option that enables the person to better manage their chronic care issues and live independently for a longer period of time.